



SAMPLE MET CAFÉ BAR MENU

*Available all day, until 9.00pm
Some items are available 24 hours a day*

Freshly made soup with crusty bread		£4
Fishcakes with sweet chilli dipping sauce	Small	£5
	Large	£8
Mussels cooked in Cornish cider and cream	Small	£6
	Large	£9
Metropole burger with smoked cheese, red onion jam and chips		£9
Grilled fillets of local line-caught mackerel with potato salad and a mustard dressing		£7
Sun-blushed tomato, rocket, pine nut and crumbled goat's cheese salad		£8
Pan-fried rump steak with chips, mushrooms, tomato and garlic butter		£10
Chicken, bacon and mushroom penne pasta		£8
Doom Bar battered cod with chips and mushy peas		£9
Truffled mushrooms on toasted ciabatta with a baby spinach salad		£8
Crispy squid rings with a chilli and coriander mayo		£7
Beer-battered cod goujons and tartar sauce	Small	£5
	Large	£8
Crab, king prawn and smoked salmon platter with Marie Rose and dressed leaves		£15

Side orders

French fries	£2.50
New potatoes	£2.50
Rocket and pine nut salad	£3.50
Potato salad	£2.50

A selection of sandwiches

In brown or white bread or a ciabatta

	Bread	Ciabatta
Cornish crab	£8	£9
Ham, rocket and grain mustard mayo	£4	£5
Menhallack vintage cheddar and chutney	£4	£5
Smoked salmon and dill crème fraîche	£6	£7
Prawns and Marie Rose	£5	£6
Chicken, lettuce and mayo	£4	£5

Desserts

Warm chocolate brownie with popcorn ice cream	£5
Plum cobbler with plum ripple ice cream	£5
Strawberries and Cornish clotted cream	£5
Selection of Callestick Farm ice creams	£5
Platter of Cornish cheeses with biscuits, chutney and grapes	£5

Pastries and beverages

Cornish Cream Tea Homemade scones with locally-produced jam, Cornish clotted cream and your choice of tea	£5
A slice of traditional fruit cake	£1.50
Carrot cake	£1.50
Homemade saffron bun	£1.75
Ginger cake	£1.50
Danish pastry	£1.75
Glass of milk	£1.10
Cafetière of coffee with homemade biscuits, per person	£2.50
Pot of tea with homemade biscuits, per person	£2.50
Pot of hot chocolate with homemade biscuits, per person	£2.50